# SOCIO- EMOTIONAL DEVELOPMENT IN ADOLESCENCE

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### **Abstract**

The socio emotional are totally interdependence and it is keen between family, family, relatives and neighbours. It always experiences various level in the different age groups. It usually depends on the early childhood for every person. The adolescents are in various kinds in this modern world. It always experiences adult with emotional stress and feelings. Adolescence is usually speaks about time, period and related to challenges This also helps in creating fun, knowledge and helps in achieving dreams and goals. It sometimes relates with health, positive thinking and cures with serious problems. Sometimes adolescents' feelings are more sensitives and it can be activated in positive or in negative method. The brain controls emotions and practices feelings always respond to situations. It always expresses in matures and unmatured manner because of self-emotions through responding situations. It becomes more likely to the behaviour to accept happiness with various relationships for mental health and other situations. The adolescents are always strong but their reactions will always vary with the mental health and other concerns. This will encourage in mediating, dance along with the music. The emotions are not controlled so it can lead into fight, screaming or any conflict. At the same time calm nature also responses with more effectively in the socio emotional adolescents

Keywords: Emotions, death, teens, teenage, adolescents, society, Environment, self-esteem, parents, pressure.

# Introduction:

The emotion plays an important role in everyone's life. This also leads into death, suicide if it is in the extreme level. This always brings a clear picture about the life clarity which is correlated with socio and involved with the life is ever green process. There are few people who always take situation in simple way and able to face the situation. But the emotional takes place into death and emotional part plays a very important role. People get engaging related with any emergency. It is about 'talking about death' which has fear about the death and they themselves makes fake and very devastating.

The socio-emotional leads in the major level for various reasons. The emotional bangs second leading cause for the improvement, growth and achievement in the life. Around, adolescents age between 15 to 19 years has emotional adolescent rate is 500 in 15,000 people. Over all kids 12 to 16 year of age, up to 30% of boys and 60% of girls have considered more emotional. Many adolescents are more likely to be emotional with higher their heterosexual peers.

# Objectives of the study:

The adolescent groups are excited, curious and boys and girls have to handle the transition into maturity period. It is a

time where the confusion, more bonding with friends and other relatives in the beginning stage. The period in which the various confusion, fight, feelings can be created through various levels. Unfortunately, some may at one point or another perceive suicide as a permanent answer to problems that are more often than not just temporary. The self-doubts, confusion, and pressures to succeed or conform can come at a high price for troubled adolescents.

The goal of this study is to make it clear and correlate the motivating younger generation age group emotional. The various levels and dangerous note and gets affected or improved in day to day basis. Girls generally be more emotional than boys, but in some cases it goes vice versa like 4 to 5 times more than them. This is because the mental power and strangeness for the boys or men is higher than the girls. This will lead into higher level of thinking which creates the more mentality and higher capacity of the thought process with immediate action.

### Importance/scope:

The main levels & self-motivating the higher level number of emotional among various levels and other age groups is a ultimate task for the family and society. The psychology of an individual will be higher level and this leads into more improvement from everyone ie relatives and neighbors are also involved indirectly. This can be created with good understanding power, alertness for emotional and social power and can reduce stress with various reason. A common observation for the variety in the mental process to create a higher level of thinking in the aspirations needed form the parents and other relatives.

More expectations like more affection which changes the intelligent level from every individual gets into higher level. It also related with the pressure to perform well in studies with decent score and it is a reflected of an increasingly competitive society. This also correlate with many aspects like budding engineers and various graduates level are involved and concerned, where they became more emotional to their career and also with the life. The quality of a every individual gets into depression in various conditions with every person, where it is connected towards emotional.

### Review of literature:

The different age group have to face critical situation like conflict, fight or any other situation. In many cases situation becomes more worst even for food, shelter, conversation with the relatives handling becomes very difficult. In many cases the age group has major problems in handling the case with socio emotional adolescence. The mentors always has difficulty for carrying their work nature with the availability of time in various situations to support the child or children at the time of adolescent period in the activity with emotional method. Many times various conditions of output and it leads into emotional level where it reflects in the life or carrier.

# Research methodology:

Research is a common platform which always gives intellectual ideas. It always defines in systematic and scientific search for important information in specific topic. It always encourage various information in systematic manner for the high quality. IT also indicates researching defining the academic activity for technical use. The various research formulates the question in higher quality with proper conclusions. This will help to determine the following hypothesis in formatting way. It always helps in determining the higher standards into quality study.

The secondary data is always collected with the submission and it is been related with statistical method. The individual decides very detail in the study and selected in the data collection. It is primary and secondary data in the highly level in the collection work which can be compiled together. It is been collected in every level have been collected through statistical process.

### Adolescence

Every individual has some ideas where they can transform directly or indirectly related to the brain. In the age between 12 years to 19 years which can be related form various adulthood. In this time children feel more insecure, more alert and they are more attached with self-emotional part which affects or sometimes improve the situation. The time of adulthood which is merely connected in various method in the levels of mental period starting from the beginning point that later.

### Socio- emotional:

Socio- emotional which integrates the younger generation and along with various aspects which can be expressed or implemented in day to day life.

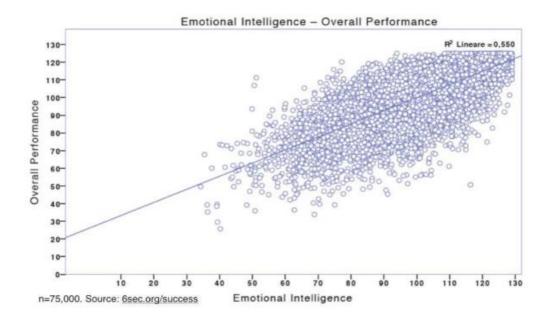
The important fact is on the age of every children where they get affected by some incident or situation related with the environment of socio skills. The younger generation the age between 12-14 years always have to realize, it should be understood in small age group with the high level in the method of link. between 15-17 years, were actively impacted deferentially by Reunification, in the age with socio-emotional aspects. This also understands and intimates the younger generation to move fast in the higher level in their day to day life comparison in the history of many years which can be comparatively in the higher level with short level. So these many methods are related over methods with various periods and levels.

# Behavioral changes:

It shows the various changes in the socio emotional skills among adolescents with the resulting in the vague behavior and outcomes. The change in socio emotional skills also brings the outcomes more than 2 to 3 in younger generation. This changes in the behavior can also control the problems where it can lead to socio economic problems. The interest in the macro shock for the long run outcomes in the matters for the adjustment into various skills. The interest may affect the shock on the long run with the behavior along adjustment can be estimated during adolescence. The goal can be investigated with the impact of change in socio emotional skills which depends on the situation or place.

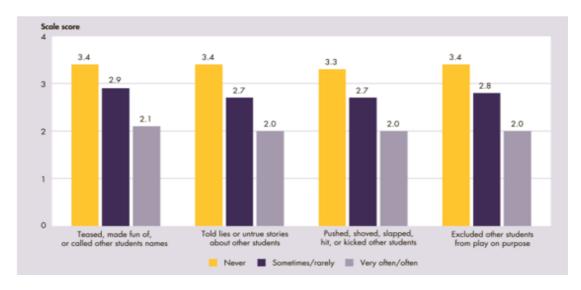
Major results suggest sometimes the negative impact of the reunification on many adolescents with socio emotional with negative effect with anxiety. The connection between socio emotional skills is always critical especially with growing concern with very close person where even the surroundings gets affected with various mental issues even behaviour gets affected sometimes it is alarm situation in the internalizing behaviour.

### Data Analysis and Interpretation:



The analysis is very important for every cycle because it is related with policy perspective in the causal link between the uncertainty of the economic and socio emotional development skills for the building the confidence and sometimes with short span of time duration which becomes cohort between reunification.

lightly older cohort between



The findings and the significance of the timing has various changes in the adolescence substantially in the later stage. This also increases the high level into the stages in the differences adolescence level in higher level in socio emotional skills with later behaviour and outcomes in various distinct ways.

# Conclusion:

To conclude the very important socio emotional development during adolescence. It also depends on the behaviors and well being along with the mental health in the long term skills. The gain can be closely related to the feelings and sometimes with depression also. Good listening is always related to the judgement of feelings towards socio emotional methods in the higher level of activities with the higher level of distress of those emotions. In higher level of the methods in socio emotional skills on various level of models to identify out

the changes for the adolescent age group. The reasons for socio emotional models even in the higher level for the various levels of behavior.

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